**RISK ASSESSMENT FOR: Netball Sessions DATE: Mar 2019**

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| **Hazard** | **Control Measures in place** | **Risk Factor** | **Further control measures** |
| Training   1. Pulled Muscles 2. Twisted/sprained ankles 3. Accidents from jewellery 4. Cuts and bruises 5. Major injury 6. Dehydration 7. Players well being 8. Players with existing medical conditions. 9. Safe play 10. Building faults 11. Adverse weather | Players to participate in a formal warm up and cool down.  Players are to wear correct footwear and laces to be fully tied at all times. Coach to enforce this.  Players must remove jewellery before training commences, preferably when signed in with parents, and parents to take responsibility of removed jewellery.  Coaches responsible for checking all jewellery removed.  A first aid kit is courtside at all times and there is always a first aid trained coach on court.  If there is bleeding, the player must leave the training area to receive appropriate attention.  A first aid kit is courtside at all times along with the contact details of the players and any relevant medical forms. There must be a first aid trained coach on court at all times.  If an ambulance needs to be called, the parents of the player must be contacted and an incident report form completed.  When signing in coach to check player has adequate fluids for training.  Players to complete a medical form stating any medical needs. If player is unwell during session they must notify the coach immediately. The coach will advise best course of action depending on severity of illness.  It is the responsibility of the player to draw attention to any know injuries, that may affect their ability to train, to the coach.  It is the responsibility of the player to play within the rules of netball and of Waverley Vipers. Consistent failure to do so, or dangerous play may result in the player being asked to sit out, or be collected.  If coaches have any concerns regarding the venue conditions they need to be addressed with the venue hirers. If players spot any defects they are to report to the coach.  If training outdoors and the courts are unsuitable or the weather turns bad, coaches to evaluate best course of action before continuing. | Low  Medium  Low  Low/Medium  Low/Medium  Medium  Low  Medium  Low  Low  Medium | Late arrivals to be put through same warm up to ensure body ready for training.  In the event of a sprain ice bags to be kept with the first aid kit which is court side at all times.  Incident report form to be completed by coach and signed off by parent.  If jewellery cannot be removed then it is to be taped over. Micropore tape to be included in the first aid kit bag.  The first aider should ensure appropriate gloves used to treat blood injuries, and cleaning products disposed of correctly.  First Aider to ensure kit bag replenished.  Coaches to check nearest water top up facilities.  Players to complete medical form.  Coaches to outline what is expected of players before training begins.  Coaches to have venue contact details prior to start of session.  Coaches to have contact details of parents/guardians should there be no alternative indoor facility and the outdoor courts are unusable. |
| 3rd parties   1. Other clubs operating at the same time. 2. Work to buildings including work force. 3. Spectators 4. Lost children | Coaches to have in place a buddy system for toilets breaks.  Highlight the areas the players can go to and areas that should be avoided.  Areas to be cordoned off if near training area and highlighted as no go areas for players.  Players to maintain buddy system.  Parents encouraged to watch their child play, but to remain off court to ensure both player and spectator safety.  Waverley Vipers to operate a signing in & out system to ensure all children collected by authorised parent/guardian. | Medium  Low/Medium  Low  Low/medium | Coaches to be made aware in advance if building works could interrupt training and make provision for it.  Registers to be kept up to date and any additional comments on who is to collect child made for all coaches to see. |
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| Equipment   1. Balls 2. Posts | Coaches to ensure all balls correctly inflated and in a good condition.  If posts are unpadded or have bases sticking out the back, coaches to highlight risk to players and advise on the correct way to move around the court to avoid running into them. | Low  Low/Medium | Hand pump to be kept in kit bag.  First aid kit to be court side should a trip occur. |
| Other   1. Allergies | Registration form to highlight any allergies known to the player. If allergy present player to ensure they have relevant medicines available and court side.  Coaches to ensure that all players notified that allergies are present and that no sharing of food is to be allowed. | Low/medium | Epi pens to be courtside. |